



Groove Trainer For Bass Guitar

**Course Breakdown
and FAQ**



Groove Trainer For Bass Guitar

Step By Step Pathway For Learning Bass Guitar

120 Progressive Grooves For Developing Bass Fundamentals

Looking for a guided set of bass lines from beginner to intermediate skill level?

After completion of the Basic Fundamentals course we always recommend students devote considerable practice time to the learning of bass lines, riffs and grooves. However, this can be a haphazard and random undertaking for many beginner bass players.

So, with this problem in mind, we embarked on developing the resources for improving your bass playing skills through a progressive step by step sequence of bass groove etudes.

Both Groove Trainer Volume's consist of two modules:

In module one you'll work on all areas of groove playing from technique to rhythm and harmony. These lessons are progressive in nature and build up from the absolute basics of groove playing through to more advanced areas of study.

The second module of each course features a set of 60 grooves (120 grooves in total). All grooves are written specifically for Groove Trainer and feature mp3 backing tracks, sheet music and tab.

Each groove also features an in depth lesson coaching you through all technical hurdles as well harmonic analysis for those of you looking to improve your theory knowledge.

The Groove Trainer Series will provide a fantastic foundation for developing your bass playing fundamentals.

Groove Trainer For Bass Guitar Vol 1

Course Breakdown

Module 1: Fundamentals Of Groove

Lesson 1-0: Introduction

In this introductory lesson we look at a general overview of the course and how to progress

Lesson 1-1: Elements Of Groove

In this lesson we look at some of the fundamental areas of groove such as rhythm, harmony and melody.

Lesson 1-2: Technique Primer

This lesson provides guidance in the areas of technique required for the grooves of module 2.

Lesson 1-3: Note Control And Feel

Note control is a key element of playing when developing the feel of a groove.

Lesson 1-4: Note Register And Positioning

Register, positioning and fret choices are also important aspects of playing we need to address in developing a groove..

Lesson 1-5: Rhythm Basics #1

In this first look at rhythm we break down the common divisions and subdivisions featured in module 2.

Lesson 1-6: Rhythm Basics #2 Rests

After working on the basic set of subdivisions as notes we also need to address rests and choking for the necessary durations indicated.

Lesson 1-7: Rhythm Basics #3 Tied Notes

Tied notes provide a limitless number of rhythmic options when added to our basic notes and rests.

Lesson 1-8: Drumkit Essentials

Bass players work alongside the drummer in the rhythm section of a band. To this end, it pays huge dividends to learn about all aspects of drumming.

Lesson 1-9: The Bass/Drumkit Connection

Now we understand the drumkit a little better, we can focus our studies on the connection of our bass lines to the drum beat.

Lesson 1-10: Chord Symbols

Chord Symbols are a common means of outlining the chord progression of a piece of music and our guide in creating a bass line.

Lesson 1-11: Harmony #1 – Intervals

In this first lesson on harmony we'll look at the building blocks of music: The Interval.

Lesson 1-12: Harmony #2 – Triads

After learning about the basics of intervals we can venture into the basics of chord construction with a look at Triads.

Lesson 1-13: Harmony #3 – Seventh Chords

After triads, the seventh chord is our next port of call on this journey into the basics of harmony.

Lesson 1-14: Harmony #4 – Chords Of The Major Key

Understanding the chords created from the major scale is one of the most important fundamental theory lessons a bass player can learn.

Lesson 1-15: Harmony #5 – Roman Numeral Notation

Roman Numerals are a common method for describing chord progressions within a key. In this lesson we'll look at the notation used at length in module 2.

Lesson 1-16: Harmony #6 – Chords Of The Minor Key

Now you understand the basic set of chords provided within a major key, we should also venture into the minor key.

Lesson 1-17: Groove Trainer Study

In this lesson we'll look at how you can make use of Module 2 of this course and make the most of the 60 grooves..

Module 2: 60 Progressive Grooves

Groove Trainer For Bass Guitar Vol 2

Course Breakdown

Module 1: The Rhythms Of Funk. The Harmony Of Jazz

Lesson 1-0: Introduction

In this introductory lesson we look at a general overview of the course and how to progress

Lesson 1-1: Sixteenth Notes

Let's move into the exciting world of 16th notes. This is where we unlock the key to the world of funk bass.

Lesson 1-2: Sixteenth Note Rests

Now we understand the basic rhythmic cells, let's move onto rests.

Lesson 1-3: Sixteenth Note Ties

Tied sixteenth notes are the key to mastering syncopated funk and rock grooves.

Lesson 1-4: Ghost Notes

Now let's take a break from pure rhythmic study and take a little time to master the art of the ghost note. Again, these are a key component of funk bass.

Lesson 1-5: Slides

Slides are a popular and seemingly 'easy' technique. But sliding within a groove requires technical accuracy and good timing.

Lesson 1-6: Triplets

Let's now move into a different area of rhythm with a look at the 8th Note Triplet. This is a common rhythm in all styles of music and facilitates some more 'swinging' possibilities.

Lesson 1-7: Swing

Swing 8th Notes are a common feature of all styles of blues, rock and jazz. Let's look at how we count 8th notes in a swing feel and how they relate to the triplet.

Lesson 1-8: Compound Time

In this lesson we'll look at Compound Time Signatures such as 6/8 and 12/8. We'll learn how to count them and how they relate to Simple Time Signatures like 4/4 and 2/4.

Lesson 1-9: Cut Common Time

Cut Common or Cut Time is the musician 'slang' for 2/2. This is a common meter in latin music. Let's dive into this time signature and the slightly 'different' method of counting.

Lesson 1-10: Cadence

In this lesson we move into some more harmony study. We'll begin with a look at harmonic cadence: The end of a chord sequence in a phrase or musical section.

Lesson 1-11: Secondary Dominants

In Volume 1 we looked at chords within a key. In this volume we're going to expand on this functional harmony with a look at secondary dominant chords.

Lesson 1-12: Modes

Modes are a highly misunderstood aspect of music theory. In this lesson we'll look at what modes are and how they are used.

Lesson 1-13: Modal Harmony

Now we've covered the basics of modes, we can take a look at their most interesting application. Modal Harmony is the creation of chords within a mode. Let's look at how this will feature in the grooves of module 2.

Module 2: 60 Progressive Grooves

Groove Trainer For Bass Guitar Vol 2

Frequently Asked Questions

What is Groove Trainer For Bass Guitar Vol 2?

This bundle pack provides access to both Groove Trainer Volumes 1 and 2

Groove Trainer is a pathway to developing all areas of your bass playing through a set of 30 in depth bass lessons and 120 progressive grooves.

Both Groove Trainer Volume's consist of two modules. In module one you'll work on all areas of groove playing from technique to rhythm and harmony. These lessons are progressive in nature and build up from the absolute basics of groove playing through to more advanced areas of study.

The second module of each course features a set of 60 grooves (120 grooves in total). All grooves are written specifically for Groove Trainer and feature mp3 backing tracks, sheet music and tab.

Each groove also features an in depth lesson coaching you through all technical hurdles as well harmonic analysis for those of you looking to improve your theory knowledge.

What level of player is the course aimed at?

The course is aimed at players of a general beginner/intermediate level.

What Will I Learn?

After completing the course you will have developed a foundation in all aspects of bass playing from rhythm to harmony. You will also have a resource for gradually developing all areas of groove playing.

How Long Are The Lessons?

The lesson lengths vary but the complete course contains 20 hours of video content.

How is the course presented? Do I Download Anything?

The course is hosted on the Talkingbass website so there are no video files to download. There is a Dropbox folder containing the Course Workbook. The link will be sent in your welcome email and is also provided on the Groove Trainer lessons menu.

Is There A Time Limit On Taking The Course?

No. You can take as long as want. There are no time limits

Do I Have Lifetime Access To The Course?

If you purchase the course then yes, you have lifetime access to the course and its material.